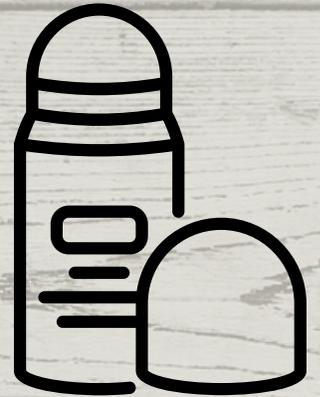


# low-toxic deodorant

## PRODUCT GUIDE

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All deodorant options found in this guide are:

\*made with real ingredients

\*free of aluminum, talc, silica, propylene glycol, triclosan, phthalates, parabens, fragrance, and other harmful ingredients found in conventional deodorants

\*are not anti-perspirants/  
encourage proper functioning  
of sweat glands

We use Toups & Co (regular strength) in our house. When we switched over from conventional deodorant, Toups was the first brand we tried. We loved them and never felt the desire to switch. That being said, I think any of the brands in this guide would be a fabulous starting point if you're in the market for lower-toxic deodorant, as many of the formulations are similar.  
**Note: All product photos are clickable, so you can shop right from this guide.**

## TOUPS & CO ORGANICS NATURAL DEODORANT



### INGREDIENTS

100% grassfed tallow, organic arrowroot powder, magnesium hydroxide, organic virgin coconut oil, essential oils (varies based on scent)

**ASHLEYR10**  
for 10% off  
Toups & Co

## TOUPS & CO ORGANICS NATURAL EXTRA-STRENGTH DEODORANT

*Note: The only difference between regular strength and extra strength is baking soda.*

### INGREDIENTS

100% grassfed tallow, organic arrowroot powder, magnesium hydroxide, organic virgin coconut oil, essential oils (varies based on scent), baking soda



## VANMAN'S COCONUT & MAGNESIUM DEODORANT



### INGREDIENTS:

organic coconut oil, organic arrowroot flour, magnesium hydroxide, organic beeswax, 100% grassfed beef tallow, organic shea butter, MCT oil, tapioca flour, rosemary oil, grapefruit oil, activated coconut charcoal, baking soda

**ASHLEYR** for  
10% off VanMan

## ROOT APOTHECARY BLUBIRD NATURAL DEODORANT



### INGREDIENTS:

Original (baking soda-free): coconut oil, organic arrowroot powder, organic diatomaceous earth, bentonite clay, organic beeswax, organic shea butter, essential oils of tea tree, eucalyptus, rosemary, and peppermint

Unscented: coconut oil, organic arrowroot powder, baking soda, organic diatomaceous earth, bentonite clay, organic beeswax, aluminum-free baking soda, organic shea butter

## ROOT APOTHECARY BLAKBIRD DEODORANT (FOR MEN)

### INGREDIENTS:

organic coconut oil, arrowroot powder, aluminum free baking soda, organic shea butter, organic diatomaceous earth, bentonite clay, organic beeswax, essential oils of cedar wood, sage, tea tree, and vanilla



**ASHLEYR for 10%  
off Root Apothecary**

## ROOT APOTHECARY - UNDERARM DETOX PRODUCTS



DETOX BAR INGREDIENTS:  
sodium shea butterate, sodium cocoate, sodium castorate, loofah, clay, activated charcoal



DETOX MASK INGREDIENTS:  
kaolin clay, activated charcoal, bentonite clay, camu camu

# FANCY FARM SKINCARE FANCY PITS DEODORANT

## UNSCENTED INGREDIENTS:

organic arrowroot powder, organic grass-finished suet tallow, magnesium hydroxide, kaolin Clay, organic candelilla wax, organic cold-pressed jojoba oil, vitamin E oil (D-alpha tocopherol)

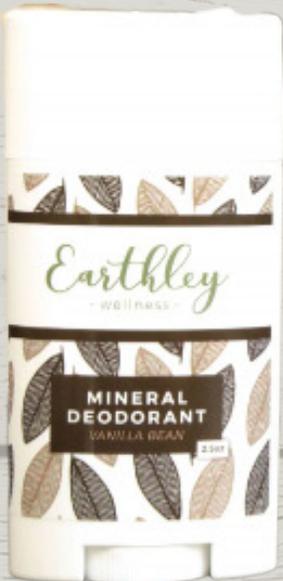
## LEMONGRASS INGREDIENTS:

organic arrowroot powder, organic grass-finished suet tallow, magnesium hydroxide, kaolin Clay, organic candelilla wax, organic cold-pressed jojoba oil, vitamin E oil (D-alpha tocopherol), organic steam-distilled lemongrass oil



**ASHLEYR for 10% off Fancy Farm**

## EARTHLEY MINERAL DEODORANT



### INGREDIENTS:

apricot oil, candelilla wax, magnesium chloride flakes, arrowroot powder, mango butter, essential oils (varies based on scent)

## EARTHLEY MINERAL DEODORANT PLUS



### INGREDIENTS:

mango butter, apricot oil, candelilla wax, magnesium chloride flakes, arrowroot powder, french green clay, essential oils (varies based on scent)

**ASHLEYR for 10% off Earthley**

## PERMA EARTH DEODORANT

### INGREDIENTS\*:

local pasture-raised grass-fed suet tallow, magnesium hydroxide, certified organic non-GMO cornstarch, and organic non-GMO vitamin E.

\*This is Perma Earth's base formulation. Ingredients vary slightly based on scent (they have tons of scents).



# did you find this product guide useful?



**These product guides were created to make sourcing nutrient-dense food and shopping for low-toxic household products easy.**

Each product guide is clickable, so you can shop right from the PDF. If available, I include discount codes and bulk purchasing options that will give you the most savings.

If you're familiar with my [Discounts page](#), note that the below guides include those products, plus many more. While the [Discounts page](#) includes the products my family and I personally use, these product guides provide other options for families and people with a variety of needs.



IF SO, CHECK OUT MY OTHER PRODUCT GUIDES [HERE](#).