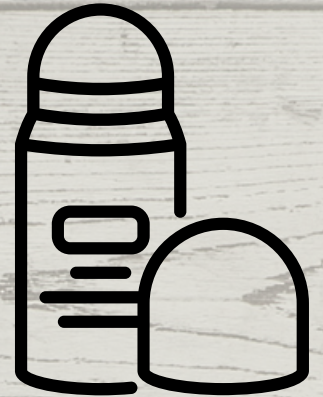


low-toxic deodorant

PRODUCT GUIDE

by [Ashley Rothstein](#)
ash-eats.com | [@ashrothstein](#)



All deodorant options
found in this guide are:

*made with real ingredients

*free of aluminum, talc, silica, propylene glycol, triclosan, phthalates, parabens, fragrance, and other harmful ingredients found in conventional deodorants

*are not anti-perspirants/
encourage proper functioning
of sweat glands

We use Toups & Co (regular strength) in our house. When we switched over from conventional deodorant, Toups was the first brand we tried. We loved them and never felt the desire to switch. That being said, I think any of the brands in this guide would be a fabulous starting point if you're in the market for lower-toxic deodorant, as many of the formulations are similar.
Note: All product photos are clickable, so you can shop right from this guide.

TOUPS & CO ORGANICS NATURAL DEODORANT



INGREDIENTS

100% grassfed tallow, organic arrowroot powder, magnesium hydroxide, organic virgin coconut oil, essential oils (varies based on scent)

ASHLEYR10
for 10% off
Toups & Co

TOUPS & CO ORGANICS NATURAL EXTRA-STRENGTH DEODORANT

Note: The only difference between regular strength and extra strength is baking soda.

INGREDIENTS

100% grassfed tallow, organic arrowroot powder, magnesium hydroxide, organic virgin coconut oil, essential oils (varies based on scent), baking soda



VANMAN'S COCONUT & MAGNESIUM DEODORANT



INGREDIENTS:

organic coconut oil, organic arrowroot flour, magnesium hydroxide, organic beeswax, 100% grassfed beef tallow, organic shea butter, MCT oil, tapioca flour, rosemary oil, grapefruit oil, activated coconut charcoal, baking soda

ASHLEYR for
10% off VanMan

ROOT APOTHECARY BLUBIRD NATURAL DEODORANT



INGREDIENTS:

Original (baking soda-free): coconut oil, organic arrowroot powder, organic diatomaceous earth, bentonite clay, organic beeswax, organic shea butter, essential oils of tea tree, eucalyptus, rosemary, and peppermint

Unscented: coconut oil, organic arrowroot powder, baking soda, organic diatomaceous earth, bentonite clay, organic beeswax, aluminum-free baking soda, organic shea butter

ROOT APOTHECARY BLAKBIRD DEODORANT (FOR MEN)

INGREDIENTS:

organic coconut oil, arrowroot powder, aluminum free baking soda, organic shea butter, organic diatomaceous earth, bentonite clay, organic beeswax, essential oils of cedar wood, sage, tea tree, and vanilla



**ASHLEYR for 10%
off Root Apothecary**

ROOT APOTHECARY - UNDERARM DETOX PRODUCTS



DETOX BAR INGREDIENTS:
sodium shea butterate, sodium cocoate, sodium castorate, loofah, clay, activated charcoal



DETOX MASK INGREDIENTS:
kaolin clay, activated charcoal, bentonite clay, camu camu

FANCY FARM SKINCARE FANCY PITS DEODORANT

UNSCENTED INGREDIENTS:

organic arrowroot powder, organic grass-finished suet tallow, magnesium hydroxide, kaolin Clay, organic candelilla wax, organic cold-pressed jojoba oil, vitamin E oil (D-alpha tocopherol)

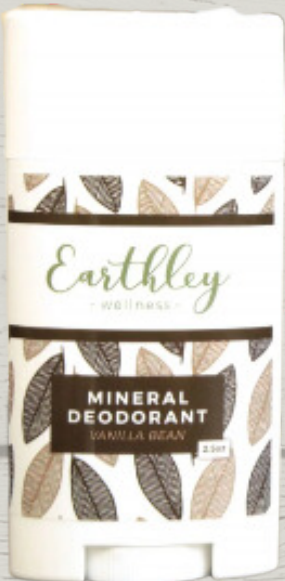
LEMONGRASS INGREDIENTS:

organic arrowroot powder, organic grass-finished suet tallow, magnesium hydroxide, kaolin Clay, organic candelilla wax, organic cold-pressed jojoba oil, vitamin E oil (D-alpha tocopherol), organic steam-distilled lemongrass oil



ASHLEYR for 10% off Fancy Farm

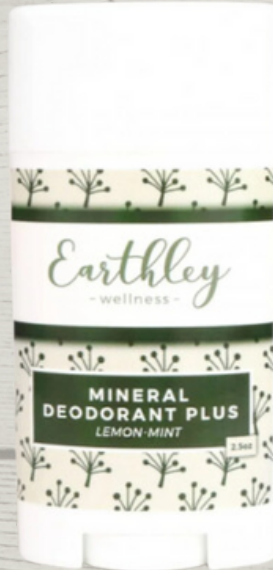
EARTHLEY MINERAL DEODORANT



INGREDIENTS:

apricot oil, candelilla wax, magnesium chloride flakes, arrowroot powder, mango butter, essential oils (varies based on scent)

EARTHLEY MINERAL DEODORANT PLUS



INGREDIENTS:

mango butter, apricot oil, candelilla wax, magnesium chloride flakes, arrowroot powder, french green clay, essential oils (varies based on scent)

ASHLEYR for 10% off Earthley

PERMA EARTH DEODORANT

INGREDIENTS*:

local pasture-raised grass-fed suet tallow, magnesium hydroxide, certified organic non-GMO cornstarch, and organic non-GMO vitamin E.

*This is Perma Earth's base formulation. Ingredients vary slightly based on scent (they have tons of scents).



did you find this product guide useful?



These product guides were created to make sourcing nutrient-dense food and shopping for low-toxic household products easy.

Each product guide is clickable, so you can shop right from the PDF. If available, I include discount codes and bulk purchasing options that will give you the most savings.

If you're familiar with my [Discounts page](#), note that the below guides include those products, plus many more. While the [Discounts page](#) includes the products my family and I personally use, these product guides provide other options for families and people with a variety of needs.



IF SO, CHECK OUT MY OTHER PRODUCT GUIDES [HERE](#).