

CLEAN WATER

product guide

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Drinking water is not the only time we are exposed to water. We also use water in the shower, in the bath, when we brush our teeth and wash our hands/face, and when we do the dishes or water plants.

The quality of your drinking water is important, but have you ever wondered about the other water you use?

CHECK YOUR TAP WATER

If you're curious, access the [EWG Database](#) and enter your zip code to see what contaminants are in your tap water (as well as side effects of those contaminants).

[EWG's Tap Water Database](#)

If you're like me, it may have come as a surprise to you that your water is (likely) carcinogenic. And if you don't have filters, you've been using this toxic water in and on your body.

Ideally, I'd love a whole house reverse osmosis water filtration system. It's not in our budget right now though, so instead, I figured out a way to filter the individual systems - our hose, shower, bath, and all of our sinks. This ended up being loads cheaper than a whole house system and also works very well. In this product guide, you'll find all of the products I used in case you'd like to recreate the system in your home. I also included a start-up + annual maintenance cost breakdown at the bottom of this guide. For more information about installation and for photos of the units installed, check out my blog post: "[How To Filter Your Household Water \(Without A Whole House System.](#)"

Note: All product photos are clickable, so you can shop right from this guide.

hose water



Since my daughter occasionally plays with the hose water (plus we use it to wash our dog, Bear), filtering it was important to us. This product filters out chlorine, lead, and other compounds. It was designed to be used by RVers to turn hose water into water that is safe for drinking. Comes in a set of 4 filters.

The suggested rotation is once every 3 months, so this is a 1-year supply. We don't actively garden, but we do have a few plants. Whether you garden yourself or just have a few plants like us, I'm sure the filtered water is better for them too!

shower water

Dual KDF filter that reduces chloramine, chlorine, fluoride, iron, lead, heavy metals, bacteria, volatile organic compounds (VOCs), PFAS, chemicals, lime, calcium, and disinfectant byproducts. It also reduces odors, organic waste, trihalomethanes, and common carcinogens such as carbon tetrachloride, chloroform, benzene, and vinylidene chloride. Lasts 12 months.



IMPORTANT NOTE

This filter is not compatible with Moen shower heads. We had a Moen, so we had to get a new shower head. My husband and I have always wanted a "rain" system, so that's what I chose. It wasn't cheap, but it wasn't horribly expensive either and we both really like it so far!

bath water



Mobile bath ball filter. It removes chlorine, chloramines, VOCs, PFAS, THMs, pesticides, sulfur, heavy metals, hydrogen sulfide ("rotten egg" odor), iron oxides ("rust water"), dirt, sediment, and other odors while also

balancing pH. The product page suggests the white bath ball filter is easiest to maintain if you have hard water. If the standard handle doesn't fit around your faucet, it also comes with a flexible handle that you can bend into whatever shape you want. I have friends who have a tilted faucet with no plug stopper on it, and the flexible handle ended up working for them. Each filter lasts 12 months.

Use **ASHLEYR**
for 5% off



sink water

Reduces PFAS, PFOA/PFOS, lead, chlorine, heavy metals, chemical impurity, sediment, and other large particles. Multiple configuration options. Connect a filter to the household faucet, an exclusive faucet, or directly to the fridge/ice maker/RV. We went with the “household faucet” route and got a system for each of our sinks (one kitchen, three bathroom). Installation was straightforward. It took my husband about two hours to install all four. Each filter lasts two years.

drinking water

We buy reverse osmosis water from Whole Foods. The water is basically stripped, so we remineralize it with sea salt (ASHLEYR for 15% off) or Trace Minerals. We also remineralize our dog's water (using Trace Minerals, not sea salt). If you think about it, there was probably never a point in time where animals drank stripped/filtered water.

We house our drinking water in this dispenser. The body is glass and it has a stainless steel spout, which is great because every other glass water dispenser I looked at had a plastic spout. The dispenser holds two gallons.



Use ASHLEYR for 15% off with Redmond

cost breakdown

Here is the start-up cost breakdown for what we purchased to filter our household water*:

- Hose filters: \$30.99
- Shower filter: \$199 x 10% off with ASHLEYR = \$179.10
- Shower head: \$104.46
- Bath filter: \$64.95 x 5% off with ASHLEYR = \$61.70
- Water dispenser: \$39.99
- Sink filters: \$69.99 x 4 = \$279.96

TOTAL = \$696.20
(We did this over a few months)

*not including tax + shipping

Here is the breakdown of what it costs annually to maintain the system**:

- Hose filters: \$30.99
- Shower filter refills: \$115 x 10% off with ASHLEYR = \$103.50
- Bath filter: \$64.95 x 5% off with ASHLEYR = \$61.70
- Sink filters: \$69.99 X 4 = \$279.96/2 (since they last two years) = \$139.98

TOTAL = \$336.17

This comes out to about \$28/month.

**The annual cost breakdown factors in the following considerations: filter refills are cheaper than the initial start-up cost for the shower filter, the sink filters last two years (not 12 months like the rest of the filters), and the water dispenser/shower head should not need to be replaced anytime soon.

test your water



Test your water with this easy at-home kit. Tests for 16 markers: lead, mercury, fluoride, iron, copper, sulfate, zinc, hydrogen sulfide, chlorine, nitrite, nitrate, pH, total alkalinity, hardness, sodium chloride, and manganese. The kit also comes with two bacteria tests that show if harmful bacteria (Coliform/E. Coli) is present in your water. I tested the water from each individual spout after installing all of our filters to make sure our water was free of major contaminants. Whether you plan to install filters or not, it could be a good idea to test the water you currently use to ensure it's free of major contaminants.

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Each product guide is clickable, so you can shop right from the PDF. If available, I include discount codes and bulk purchasing options that will give you the most savings.

If you're familiar with my [Discounts page](#), note that the below guides include those products, plus many more. While the [Discounts page](#) includes the products my family and I personally use, these product guides provide other options for families and people with a variety of needs.



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