

low-toxic lotion + skin care PRODUCT GUIDE

by [Ashley Rothstein](#) | [ash-eats.com](#) | [@ashrothstein](#)

In this guide, you will find low-toxic options for common skin care products - things like scrubs, cleansers, toners, lotions, whips, balms, serums, oils, masks, and lip balms. Many of these products utilize animal fats (beef tallow/lard/emu oil) as the core part of the formulation. Some also include plant oils, clays, essential oils, and flower essences to create unique scents and functionality. Personally, I've found that the best way to care for my skin is through my diet. That being said, clean skin care products have supported my skin during vulnerable times (for example, during a recent stint with postpartum hormonal acne). This is how I now view skin care...a little extra support when you need it. Or as an act of self-care, because who doesn't love a good face mask? I structured this guide a bit differently than the rest. Since there are so many products available (too many to list out individual product ingredients), I grouped them by company and made the product *titles* clickable instead of the photos.

Note: All product titles are clickable, so you can shop right from this guide.



If you end up making a purchase from this guide, enter the below code(s) at checkout for a discount:

-**ASHLEYR**: White Oak Pastures, Primally Pure, Root Apothecary, Fancy Farm, Clara & Fritz, Bend Soap Company, VanMan, Redmond

ASHLEYRIO: Toups & Co

www.ash-eats.com

cleansers & scrubs



TOUPS & CO

Activated Charcoal Face Bar
Seabuckthorn Cleansing Oil
Everything Bar
Lavender Tallow Bar
French Green Clay Soap
Baby Wash

ROOT APOTHECARY

Scrub Tallow Exfoliating Balm
Honey + Sugar Exfoliating Lip
Face Polish
Nourish Earth and Petal Face
Cleanser



CLARA & FRITZ

Tallow-Based Oil Cleanser
Orange Cream Sugar Scrub
Pink Grapefruit Tallow Sugar
Scrub

BEND SOAP CO

Honey Grapefruit Sugar Scrub
Lavender Sea Salt Scrub
Sweet Orange Sugar Scrub
Unscented Sugar Scrub



PERMA EARTH



- Facial Soaps
- Scrub Soaps
- Lard Soaps
- Tallow Soaps
- Polishing Scrubs
- Scrub Soaps
- Charcoal + Clay
- Tallow Cleanser

PRIMALLY PURE

- Cleansing Oil (Dry Skin)
- Cleansing Oil (Normal Skin)
- Cleansing Oil (Oily/Acne-Prone Skin)
- Plumping Bar
- Clarifying Bar
- Soothing Bar
- Baby Bar



toners



- Clean Calendula Toner
- Rose ACV Toner

lotions, whips, balms & salves



WHITE OAK PASTURES

Tallow Moisturizer

Tallow Salve

TOUPS & CO

Frankincense Face Balm

Hydrating Ultra Salve

Baby Balm

Tallow Balm - Original

Tallow Balm - Sweet Girl

Tallow Balm - Unscented

Tallow Balm - Vanilla + Almond



ROOT APOTHECARY

Bare Tallow Whip

Bare Tallow Balm

Vanilla Tallow Whip

Rest Tallow Whip

Vanilla Tallow Balm

Autumn Tallow Whip

Rest Tallow Balm

Soothe Tallow Whip

Soothe Tallow Stick

Wildflower Botanical Lotion

Mother Nurture Nursing Balm

Awake Undereye Salve



FANCY FARM SKIN CARE

Really Rose Face Cream

Bare Rub Body and Face Cream

Rose E+C Anti-Aging Cream

Tallow + Herb Cream

Tallow + Emu Cream

Fancy Farm - Emu E+C



CLARA & FRITZ

Darcy Frankincense Cedarwood Scented Whipped Tallow Balm

Avonlea Chamomile and Lavender Scented Whipped Tallow Balm

Pemberley Orange and Lavender Scented Tallow Balm

Mint Cookie Whipped Tallow Balm

Orange Cream Whipped Tallow Balm

Tallow Stick for Face and Body

Clear Complexion Whipped Tallow Facial Moisturizer

Unscented Whipped Tallow Balm

Counterpane Tallow Night Cream

Pumpkin Spice Whipped Tallow Balm

Amelia Vanilla Whipped Tallow Balm



VANMAN

Bison Tallow & Honey Balm

Bison Tallow & Honey Balm *No EO's*

Tallow & Honey Balm

Tallow & Honey Balm *No EO's*



PERMA EARTH

Tallow Butters

Milk Lotions

Solid Lotions



PRIMALLY PURE

Citrus + Mint Body Butter

Eucalyptus + Lavender Body Butter

Almond + Vanilla Body Butter

Everything Balm

Clarifying Cream

Plumping Cream

Soothing Cream

Antioxidant Balm



serums & oils



TOUPS & CO

Glow Serum

Reparative Serum

ROOT APOTHECARY

Birthday Suit Tallow Body Oil

Cinnamon Roll Tallow Body Oil

Tallow Face Serum



FANCY FARM SKIN CARE

Emu Oil

PRIMALLY PURE

Blue Tansy Body Oil

Jasmine Body Oil

Lemongrass Body Oil

Clarifying Serum

Plumping Serum

Soothing Serum

Fancy Face Serum



masks



REDMOND REAL SALT

Pure Bentonite Clay

TOUPS & CO

Glow Face Mask
Resurfacing Mask



ROOT APOTHECARY

Soothe Botanical Face Polish

PERMA EARTH

Clay & Buttermilk Masks



PRIMALLY PURE

Plumping Mask
Soothing Spirulina Face Mask

lip care



WHITE OAK PASTURES

Tallow Lip Balm

Tallow Lip Balm - Glass

TOUPS & CO

Tallow Lip Love



ROOT APOTHECARY

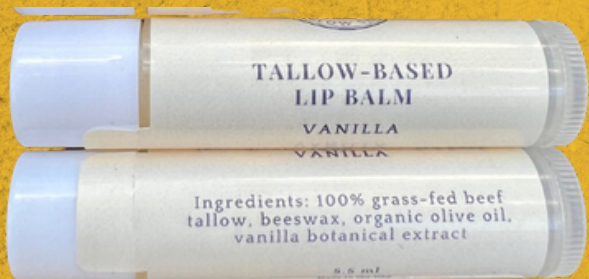
Tallow Lip Balm



FANCY FARM SKIN CARE

Super Fat Healing Lip Balm

Goat Milk Ghee Lip Balm



CLARA & FRITZ

Tallow Lip Balm

PERMA EARTH
Ghee & Tallow Butter Balm



did you find this product guide useful?



These product guides were created to make sourcing nutrient-dense food and shopping for low-toxic household products easy.

Each product guide is clickable, so you can shop right from the PDF. If available, I include discount codes and bulk purchasing options that will give you the most savings.

If you're familiar with my [Discounts page](#), note that the below guides include those products, plus many more. While the [Discounts page](#) includes the products my family and I personally use, these product guides provide other options for families and people with a variety of needs.



If so, check out my other product guides [here](#).