low-toxic soap + body wash PRODUCT GUIDE

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For dish soap, hand soap + laundry soap, check out my 'Cleaning Products' product guide.

In this guide, you will find low-toxic options for bar soap and body wash. Many of these soaps utilize animal fat (beef tallow/lard/goat milk) as the core part of the formulation. Some also include plant oils, clays, essential oils, and flower essences to create unique scents and functionality. Unscented options are available if you prefer minimal ingredients.

Note: All product photos are clickable, so you can shop right from this guide.

If you end up making a purchase from this guide, enter the below code(s) at checkout for a discount:

-ASHLEYR: White Oak Pastures, Primally Pure, Root Apothecary, Fancy Farm, Bend Soap Company ASHLEYR10: Toups & Co

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bars of soap



TOUPS & CO - EVERYTHING BAR

organic virgin coconut oil (saponified), organic grapefruit essential oil



TOUPS & CO - ACTIVATED CHARCOAL FACE BAR

100% grass-fed tallow, organic virgin coconut oil, activated bamboo charcoal



TOUPS & CO -MEN'S SHAVE SOAP

tallow, coconut oil, kaolin clay, orange fruit extract, balsam copaiba resin, pink grapefruit peel oil, amyris bark oil, Douglas fir branch/leaf oil, ho wood oil, key lime peel oil



TOUPS & CO -FRENCH GREEN CLAY SOAP

organic coconut oil, french green clay, organic lavender essential oil, marjoram essential oil, mandarin essential oil, cedarwood atlas essential oil, patchouli essential oil, clary sage essential oil, chamomile roman essential oil, blue tansy essential oil



TOUPS & CO -LAVENDER TALLOW BAR

100% grass-fed tallow, purple Brazilian clay, lavender essential oil



CLARA AND FRITZ -MR. FRITZ TALLOW SOAP BAR

saponified oils of olive, coconut, grassfed beef tallow, shea butter, and castor oil, water, milk, sugar, rose clay, blue cambrian clay, white kaolin clay and silk





PERMA EARTH - FACIAL SOAPS

Ingredients vary; see ingredients list on individual product page





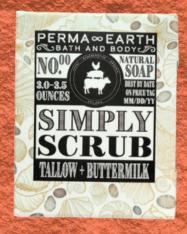
PERMA EARTH -LARD SOAPS

Ingredients vary; see ingredients list on individual product page



WHITE OAK PASTURES -TALLOW SOAP BAR

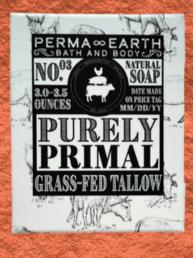
grassfed beef tallow, distilled water, coconut oil, olive oil, sodium hydroxide and essential oil





PERMA EARTH - SCRUB SOAPS

Ingredients vary; see ingredients list on individual product page





PERMA EARTH - TALLOW SOAPS

Ingredients vary; see ingredients list on individual product page



WHITE OAK PASTURES -PASTURED PORK LARD SOAP

pastured pork lard, distilled water, refined coconut oil, sodium hydroxide and essential oils



ROOT APOTHECARY -TALLOW SOAP BAR

olive oil, coconut oil, tallow beef, castor oil



ROOT APOTHECARY -CHARCOAL LAVENDER BAR SOAP

olive oil, coconut oil, palm oil, castor oil, activated charcoal, lavender essential oil



ROOT APOTHECARY COFFEE SCRUB EXFOLIATING BAR SOAP

olive oil, coconut oil, shea butter, avocado oil, castor oil, brewed coffee, coffee grounds, cornmeal, essential oil blend of cedarwood atlas, clove bud, and star anise.



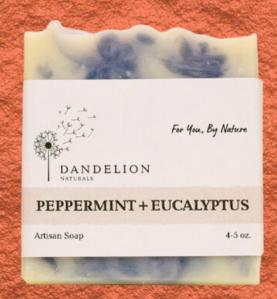
ROOT APOTHECARY -HAPPY DAY BAR SOAP

olive oil, coconut oil, shea butter, castor oil, various botanicals, orange essential oil, peppermint essential oil



ROOT APOTHECARY -WALK IN THE WOODS BAR SOAP

olive oil, coconut oil, shea butter, castor oil, avocado oil, nettle leaf powder, cedarwood essential oil, lemongrass essential oil, rosemary essential oil, eucalyptus essential oil



ROOT APOTHECARY PEPPERMINT & EUCALYPTUS BAR SOAP

olive oil, coconut oil, shea butter, castor oil, avocado oil, indigo powder, peppermint essential oil, eucalyptus essential oil



ROOT APOTHECARY -DANDELION BAR SOAP

dandelion flower infused olive oil, coconut oil, shea butter, castor oil, avocado oil, kaolin clay, ground orange peel, raw honey, dandelion leaf tea, lemon essential oil, litsea cubeba essential oil



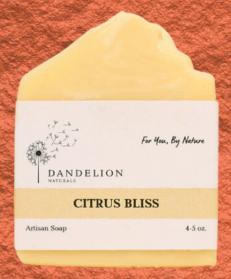
ROOT APOTHECARY -LITTLE BABE TALLOW SOAP

calendula infused olive oil, tallow beef, castor oil



FANCY FARM SKINCARE -RAW GOAT MILK + TALLOW SOAP BAR

saponified fats of organic grass-fed and finished suet tallow, farm fresh raw goat milk



ROOT APOTHECARY -CITRUS BLISS BAR SOAP

olive oil, coconut oil, shea butter, castor oil, yellow Brazilian clay, tea tree essential oil, bergamot essential oil, orange essential oil, litsea cubeba essential oil



FANCY FARM SKINCARE -TALLOW SOAP BAR

saponified fats of organic grass-fed and finished suet tallow



FANCY FARM SKINCARE -FARM FRESH TRIPLE MILK TALLOW SOAP BAR

saponified fats of organic grass-fed and finished suet tallow, farm fresh raw camel milk, sheep milk, and cow milk





BEND SOAP CO -OATMEAL + HONEY GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, aats, and honey

BEND SOAP CO -UNSCENTED GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, and red palm oil



BEND SOAP CO -ALL SHIELD GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, and essential oils (clove, cinnamon, orange, lemon, eucalyptus, and rosemary)



BEND SOAP CO -EUCALYPTUS SPEARMINT GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, and essential oils (eucalyptus and spearmint)



BEND SOAP CO -HONEY GRAPEFRUIT GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, honey, and essential oils (grapefruit and ylang ylang)



BEND SOAP CO -LAVENDER BLOSSOM GOAT MILK SOAP

fresh goat milk, saponified coconut oil, olive oil, red palm oil, lavender essential oil, and lavender buds



BEND SOAP CO -LEMONGRASS GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, and essential oils (lemongrass, lemon, lime, and grapefruit)



BEND SOAP CO -SWEET ORANGE GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, and essential oils (bergamot and orange)

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BEND SOAP CO -TEA TREE GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, and tea tree essential oil



PRIMALLY PURE - SOOTHING BAR

palm oil*+, coconut oil*, olive oil*, tamanu oil*, sodium hydroxide, lavender flower*, rosemary extract*, essential oils of blue tansy*, lavender* and sandalwood* *organic +sustainable and responsibly sourced



PRIMALLY PURE -BABY BAR

glycerin*, coconut oil*, goat milk*, shea butter*, olive oil*, calendula*, chamomile*, lavender* sodium lactate (liquid salt) *organic

BEND SOAP CO -VIENNA ROSE GOAT MILK SOAP

fresh goat's milk, saponified coconut oil, olive oil, red palm oil, and geranium rose essential oil



PRIMALLY PURE -PLUMPING BAR

palm oil*+, coconut oil*, olive oil*, sodium hydroxide, coconut milk* , pink kaolin clay, rose flower*, rosemary extract*, essential oils of geranium*, rosemary and carrot seed *organic +sustainable and responsibly sourced



PRIMALLY PURE - CLARIFYING BAR

palm oil*+, coconut oil*, olive oil*, sodium hydroxide, honey, charcoal powder, calendula flower*, rosemary extract*, essential oils of tea tree*, manuka and sweet orange* *organic

+sustainable and responsibly sourced

body wash + liquid soaps



WHITE OAK PASTURES -TALLOW BODY WASH

distilled water, olive oil, refined coconut oil, potassium hydroxide (KOH), grassfed beef tallow, castor oil, vegetable glycerin, organic apricot kernel oil, hydroxyethyl cellulose (HEC), optiphen, and essential oils



TOUPS & CO -BABY WASH

purified water, organic coco glucoside (saponified coconut oil), organic aloe Vera, guar gum rosemary seed extract



PRIMALLY PURE -CITRUS + MINT BODY WASH

water, fractionated coconut
oil*, coconut oil*^, potassium
hydroxide, aloe vera juice*,
olive oil*, glycerin, essential
oils of grapefruit*, lemon*,
peppermint* and orange*,
sunflower oil*, shea butter*,
rosemary extract*, citric acid,
guar gum, non-gmo vitamin E
(no potassium hydroxide is
present in the final product)

*organic ^fair trade



PRIMALLY PURE-ALMOND + VANILLA BODY WASH

water, fractionated coconut
oil*, coconut oil*^, potassium
hydroxide, aloe vera juice*,
olive oil*, glycerin, vanilla
extract, almond extract*,
sunflower oil*, shea butter*,
tonka bean essential oil,
rosemary extract*, guar gum,
citric acid, non-gmo vitamin E
(no potassium hydroxide is
present in the final product)

*organic ^fair trade



PRIMALLY PURE-EUCALYPTUS + LAVENDER BODY WASH

water, fractionated coconut
oil*, coconut oil*^, potassium
hydroxide, aloe vera juice*,
olive oil*, glycerin, essential
oils of eucalyptus* and
lavender*, sunflower oil*, shea
butter*, rosemary extract*,
citric acid, guar gum, nongmo vitamin E
(no potassium hydroxide is
present in the final product)

*organic ^fair trade

did you find this product guide useful?



These product guides were created to make sourcing nutrient-dense food and shopping for low-toxic household products easy.

Each product guide is clickable, so you can shop right from the PDF. If available, I include discount codes and bulk purchasing options that will give you the most savings.

If you're familiar with my <u>Discounts page</u>, note that the below guides include those products, plus many more. While the <u>Discounts page</u> includes the products my family and I personally use, these product guides provide other options for families and people with a variety of needs.

ORAL HEALTH product guide





IF SO, CHECK OUT MY OTHER PRODUCT GUIDES HERE.