

# low-toxic soap + body wash PRODUCT GUIDE

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For dish soap, hand soap + laundry soap, check out my 'Cleaning Products' product guide.

In this guide, you will find low-toxic options for bar soap and body wash. Many of these soaps utilize animal fat (beef tallow/lard/goat milk) as the core part of the formulation. Some also include plant oils, clays, essential oils, and flower essences to create unique scents and functionality. Unscented options are available if you prefer minimal ingredients.

**Note: All product photos are clickable, so you can shop right from this guide.**

If you end up making a purchase from this guide, enter the below code(s) at checkout for a discount:

-**ASHLEYR:** White Oak Pastures, Primally Pure, Root Apothecary, Fancy Farm, Bend Soap Company

**ASHLEYR10:** Toups & Co

[WWW.ASH-EATS.COM](http://WWW.ASH-EATS.COM)



# bars of soap



## **TOUPS & CO - EVERYTHING BAR**

organic virgin coconut oil (saponified),  
organic grapefruit essential oil



## **TOUPS & CO - FRENCH GREEN CLAY SOAP**

organic coconut oil, french green clay, organic  
lavender essential oil, marjoram essential oil,  
mandarin essential oil, cedarwood atlas  
essential oil, patchouli essential oil, clary sage  
essential oil, chamomile roman essential oil,  
blue tansy essential oil



## **TOUPS & CO - ACTIVATED CHARCOAL FACE BAR**

100% grass-fed tallow, organic virgin  
coconut oil, activated bamboo charcoal



## **TOUPS & CO - LAVENDER TALLOW BAR**

100% grass-fed tallow, purple Brazilian  
clay, lavender essential oil



## **TOUPS & CO - MEN'S SHAVE SOAP**

tallow, coconut oil, kaolin clay, orange  
fruit extract, balsam copaiba resin, pink  
grapefruit peel oil, amyris bark oil,  
Douglas fir branch/leaf oil, ho wood oil,  
key lime peel oil



## **CLARA AND FRITZ - MR. FRITZ TALLOW SOAP BAR**

saponified oils of olive, coconut, grass-  
fed beef tallow, shea butter, and castor  
oil, water, milk, sugar, rose clay, blue  
cambrian clay, white kaolin clay and silk





**PERMA EARTH - FACIAL SOAPS**

Ingredients vary; see ingredients list on individual product page



**PERMA EARTH - SCRUB SOAPS**

Ingredients vary; see ingredients list on individual product page



**PERMA EARTH - LARD SOAPS**

Ingredients vary; see ingredients list on individual product page



**PERMA EARTH - TALLOW SOAPS**

Ingredients vary; see ingredients list on individual product page



**WHITE OAK PASTURES - TALLOW SOAP BAR**

grassfed beef tallow, distilled water, coconut oil, olive oil, sodium hydroxide and essential oil



**WHITE OAK PASTURES - PASTURED PORK LARD SOAP**

pastured pork lard, distilled water, refined coconut oil, sodium hydroxide and essential oils





**ROOT APOTHECARY -  
TALLOW SOAP BAR**

olive oil, coconut oil, tallow beef, castor oil



**ROOT APOTHECARY -  
HAPPY DAY BAR SOAP**

olive oil, coconut oil, shea butter, castor oil, various botanicals, orange essential oil, peppermint essential oil



**ROOT APOTHECARY -  
CHARCOAL LAVENDER BAR SOAP**

olive oil, coconut oil, palm oil, castor oil, activated charcoal, lavender essential oil



**ROOT APOTHECARY -  
WALK IN THE WOODS BAR SOAP**

olive oil, coconut oil, shea butter, castor oil, avocado oil, nettle leaf powder, cedarwood essential oil, lemongrass essential oil, rosemary essential oil, eucalyptus essential oil



**ROOT APOTHECARY -  
COFFEE SCRUB EXFOLIATING BAR SOAP**

olive oil, coconut oil, shea butter, avocado oil, castor oil, brewed coffee, coffee grounds, cornmeal, essential oil blend of cedarwood atlas, clove bud, and star anise.



**ROOT APOTHECARY -  
PEPPERMINT & EUCALYPTUS BAR SOAP**

olive oil, coconut oil, shea butter, castor oil, avocado oil, indigo powder, peppermint essential oil, eucalyptus essential oil





**ROOT APOTHECARY - DANDELION BAR SOAP**

dandelion flower infused olive oil, coconut oil, shea butter, castor oil, avocado oil, kaolin clay, ground orange peel, raw honey, dandelion leaf tea, lemon essential oil, litsea cubeba essential oil



**ROOT APOTHECARY - CITRUS BLISS BAR SOAP**

olive oil, coconut oil, shea butter, castor oil, yellow Brazilian clay, tea tree essential oil, bergamot essential oil, orange essential oil, litsea cubeba essential oil



**ROOT APOTHECARY - LITTLE BABE TALLOW SOAP**

calendula infused olive oil, tallow beef, castor oil



**FANCY FARM SKINCARE - TALLOW SOAP BAR**

saponified fats of organic grass-fed and finished suet tallow



**FANCY FARM SKINCARE - RAW GOAT MILK + TALLOW SOAP BAR**

saponified fats of organic grass-fed and finished suet tallow, farm fresh raw goat milk



**FANCY FARM SKINCARE - FARM FRESH TRIPLE MILK TALLOW SOAP BAR**

saponified fats of organic grass-fed and finished suet tallow, farm fresh raw camel milk, sheep milk, and cow milk





**BEND SOAP CO -  
OATMEAL + HONEY GOAT MILK  
SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, red palm oil, oats, and honey



**BEND SOAP CO -  
UNSCENTED GOAT MILK SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, and red palm oil



**BEND SOAP CO -  
ALL SHIELD GOAT MILK SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, red palm oil, and essential oils  
(clove, cinnamon, orange, lemon,  
eucalyptus, and rosemary)



**BEND SOAP CO -  
EUCALYPTUS SPEARMINT GOAT  
MILK SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, red palm oil, and essential oils  
(eucalyptus and spearmint)



**BEND SOAP CO -  
HONEY GRAPEFRUIT GOAT MILK  
SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, red palm oil, honey, and  
essential oils (grapefruit and ylang  
ylang)



**BEND SOAP CO -  
LAVENDER BLOSSOM GOAT MILK  
SOAP**

fresh goat milk, saponified coconut oil,  
olive oil, red palm oil, lavender essential  
oil, and lavender buds



**BEND SOAP CO -  
LEMONGRASS GOAT MILK SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, red palm oil, and essential oils  
(lemongrass, lemon, lime, and  
grapefruit)



**BEND SOAP CO -  
SWEET ORANGE GOAT MILK SOAP**

fresh goat's milk, saponified coconut oil, olive  
oil, red palm oil, and essential oils (bergamot  
and orange)





**BEND SOAP CO -  
TEA TREE GOAT MILK SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, red palm oil, and tea tree  
essential oil

**BEND SOAP CO -  
VIENNA ROSE GOAT MILK SOAP**

fresh goat's milk, saponified coconut oil,  
olive oil, red palm oil, and geranium  
rose essential oil



**PRIMALLY PURE -  
SOOTHING BAR**

palm oil\*+, coconut oil\*, olive oil\*,  
tamanu oil\*, sodium hydroxide,  
lavender flower\*, rosemary extract\*,  
essential oils of blue tansy\*, lavender\*  
and sandalwood\*  
\*organic  
+sustainable and responsibly sourced



**PRIMALLY PURE -  
PLUMPING BAR**

palm oil\*+, coconut oil\*, olive oil\*, sodium  
hydroxide, coconut milk\*, pink kaolin clay,  
rose flower\*, rosemary extract\*, essential oils  
of geranium\*, rosemary and carrot seed  
\*organic  
+sustainable and responsibly sourced



**PRIMALLY PURE -  
BABY BAR**

glycerin\*, coconut oil\*, goat milk\*, shea  
butter\*, olive oil\*, calendula\*,  
chamomile\*, lavender\* sodium lactate  
(liquid salt) \*organic



**PRIMALLY PURE -  
CLARIFYING BAR**

palm oil\*+, coconut oil\*, olive oil\*,  
sodium hydroxide, honey, charcoal  
powder, calendula flower\*, rosemary  
extract\*, essential oils of tea tree\*,  
manuka and sweet orange\*  
\*organic  
+sustainable and responsibly sourced



# body wash + liquid soaps



## WHITE OAK PASTURES - TALLOW BODY WASH

distilled water, olive oil, refined coconut oil, potassium hydroxide (KOH), grassfed beef tallow, castor oil, vegetable glycerin, organic apricot kernel oil, hydroxyethyl cellulose (HEC), optiphen, and essential oils



## TOUPS & CO - BABY WASH

purified water, organic coco glucoside (saponified coconut oil), organic aloe Vera, guar gum rosemary seed extract



## PRIMALLY PURE - CITRUS + MINT BODY WASH

water, fractionated coconut oil\*, coconut oil\*^, potassium hydroxide, aloe vera juice\*, olive oil\*, glycerin, essential oils of grapefruit\*, lemon\*, peppermint\* and orange\*, sunflower oil\*, shea butter\*, rosemary extract\*, citric acid, guar gum, non-gmo vitamin E (no potassium hydroxide is present in the final product)

\*organic  
^fair trade



## PRIMALLY PURE-ALMOND + VANILLA BODY WASH

water, fractionated coconut oil\*, coconut oil\*^, potassium hydroxide, aloe vera juice\*, olive oil\*, glycerin, vanilla extract, almond extract\*, sunflower oil\*, shea butter\*, tonka bean essential oil, rosemary extract\*, guar gum, citric acid, non-gmo vitamin E (no potassium hydroxide is present in the final product)

\*organic  
^fair trade



## PRIMALLY PURE-EUCALYPTUS + LAVENDER BODY WASH

water, fractionated coconut oil\*, coconut oil\*^, potassium hydroxide, aloe vera juice\*, olive oil\*, glycerin, essential oils of eucalyptus\* and lavender\*, sunflower oil\*, shea butter\*, rosemary extract\*, citric acid, guar gum, non-gmo vitamin E (no potassium hydroxide is present in the final product)

\*organic  
^fair trade



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Each product guide is clickable, so you can shop right from the PDF. If available, I include discount codes and bulk purchasing options that will give you the most savings.

If you're familiar with my [Discounts page](#), note that the below guides include those products, plus many more. While the [Discounts page](#) includes the products my family and I personally use, these product guides provide other options for families and people with a variety of needs.



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